

Join us for ADMA Summer Classes and Camps!

Gymnastics Classes: June 20th - Aug 1st (6 week session, no class 7/4) **\$125 (Class Tuition charged June 15th)**

Option 1: Tuesdays: (6/25, 7/2, 7/9, 7/16, 7/23, 7/30) 4:30-5:30pm - Gymnastics 2/3 5:30-6:30pm - Gymnastics 3/4 6:30-7:30pm - Gymnastics 3/4/5	Option 2: **No class 7/4 Thursdays: (6/20, 6/27, 7/11, 7/18, 7/25, 8/1) 4:30-5:30pm - Gymnastics 2/3 5:30-6:30pm - Gymnastics 3/4 6:30-7:30pm - Gymnastics 3/4/5
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Ballet Classes: July 2nd - Aug 6th (6 week session) (Class tuition charged July 1st) **12:00-2:00pm**

Classes for the serious dancer that wants to improve ballet and overall technique. 1.5 hours of Ballet, .5 hours of Pre-Pointe/Pointe each week. **\$200**

Gymnastics and Dance Camps:

Week 1: June 24th- June 28th (Camp tuition charged June 15th)

1 Gymnastics Camp: 10am-3pm (Ages 7 and up) This Camp includes bars, beam, vault, and floor skills for all levels of Gymnastics and Tumbling tricks to increase power, agility, and flexibility. **\$250**

1A Mini Gymnastics: 10am-12pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

1B Mini Gymnastics: 1pm-3pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

Week 2: July 1st - July 3rd (3 Day Camp: Monday, Tuesday, Wednesday) (Camp tuition charged July 1st)

2 Obstacle Training Camp: 1-3pm This camp is for energetic students interested in navigating their environment in a unique way. Students will run, jump, climb, swing, etc through obstacles while learning about body movement and burning energy. **\$125**

3 Princess Camp: 10am-12pm This camp is a dance princess experience for ages 6 and under. Each day has a different Disney Princess theme filled with tea parties, dance, games, story time, snack, and much more! **\$125**

4 Technique/Ballet/Strength/Stretch Camp: 5-8pm Camp focused on improving stamina, strength and fitness. Strong emphasis on technique and elevating your dance skills to the next level. A must for the serious dancer. **\$160**

5 Mini Gymnastics Camp: 10am-12pm (Ages 2-4) This is a Gymnastics Camp geared towards improving coordination, strength, and movement with bar, beam, floor, trampoline, and vault. **\$125**

Week 3: July 8th - July 12th (Camp tuition charged July 1st)

6 Advanced Jumps and Turns / Lyrical/ Contemporary Camp: 3pm-8pm (Ages 12 and up) For Advanced Dancers - Instructor permission required. **\$250**

Week 4: July 15th - July 19th (Camp tuition charged July 1st)

7 Intermediate Jazz/Lyrical/Contemporary Camp: 3pm-8pm (Ages 13 and under) For intermediate Dancers **\$250**

8 Gymnastics Camp: 10am-3pm (Ages 7 and up) This Camp includes bars, beam, vault, and floor skills for all levels of Gymnastics and Tumbling tricks to increase power, agility, and flexibility. **\$250**

8A Mini Gymnastics: 10am-12pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

8B Mini Gymnastics: 1pm-3pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

Week 4: July 15th - July 17th (3 day Mini Camp: Monday, Tuesday, Wednesday) (Camp tuition charged July 1st)

9 Princess Camp: 10am-12pm This camp is a dance princess experience for ages 6 and under. Each day has a different Disney Princess theme filled with tea parties, dance, games, story time, snack, and much more! **\$125**

Week 5: July 22nd - July 26th (Camp tuition charged July 1st)

10 Gymnastics Team Camp: 10am-3pm This Camp includes all levels of Gymnastics Team Students. **\$250**

11 Orange/Yellow Elite Camp: 3pm-8pm This Camp is for the dancers entering our Orange and Yellow Elite Dance Teams in the Fall 2024 **\$250**

Week 6: July 29th – August 2nd (Camp tuition due August 1st)

12 Gymnastics/Acro-Tumbling: 10am-3pm This Camp includes bars, beam, floor, and vault for all levels of Gymnastics and Tumbling tricks to increase power, agility, and flexibility. **\$250**

12A Mini Gymnastics Camp: 10am-12pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

12B Mini Gymnastics: 1pm-3pm Gymnastics camp for 3-6 year old students that includes tumbling tricks, supervised use of gym equipment and strength training for beginners. **\$145**

13 Rose/Gold/Purple Elite Camp: 10am-3pm (Rose Elite 10am-12pm) This Camp is for the dancers entering our Rose, Gold, and Purple Elite Dance Teams in the Fall 2024. **\$250 (Rose Elite \$145)**

14 Red/Blue Elite Camp: 3pm-8pm This Camp is for the dancers entering our Red and Blue Elite Dance Teams in the Fall 2024. **\$250**

Register on our website admadanceandgymnastics.com, by email to admadanceandgymnastics@gmail.com or by call/text to 440-226-0504. Space is limited and a \$50 deposit per camp is due at the time of registration!